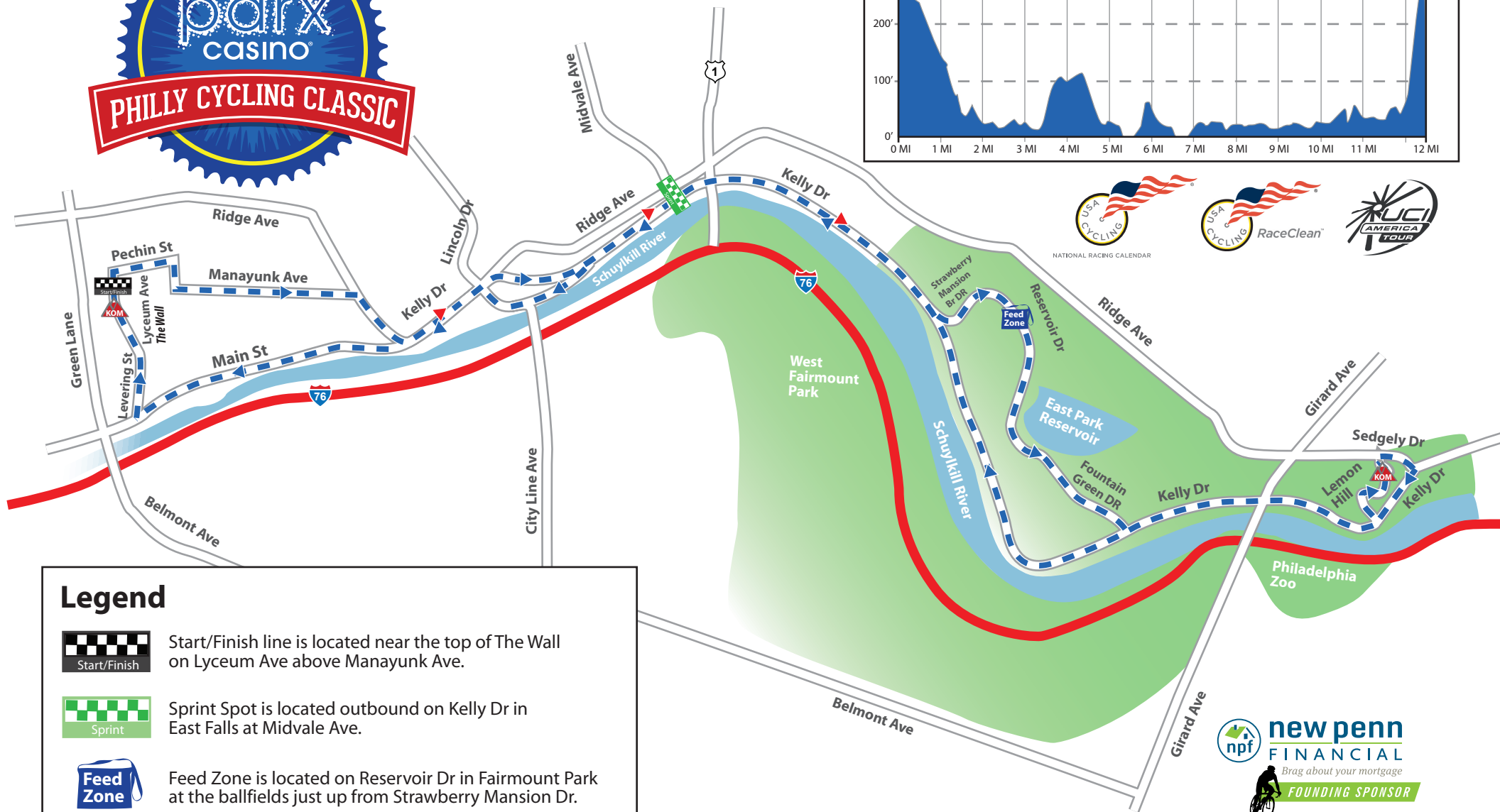
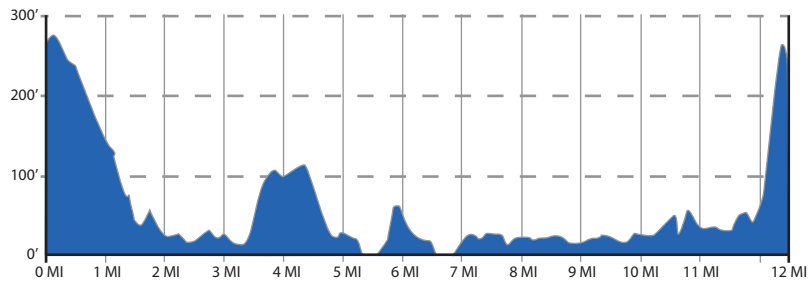









Elevation Chart



Legend

-  Start/Finish line is located near the top of The Wall on Lyceum Ave above Manayunk Ave.
-  Sprint Spot is located outbound on Kelly Dr in East Falls at Midvale Ave.
-  Feed Zone is located on Reservoir Dr in Fairmount Park at the ballfields just up from Strawberry Mansion Dr.
-  King/Queen of the Mountains is at the top of Lemon Hill in Fairmount Park and at the top of The Wall.
-  The race is running inbound and outbound on the same road opposite the normal flow of traffic along these parts of the route.

The Route

The race route is 12 miles long.
 The men are doing 10 laps for a total of 120 miles.
 The women are doing 5 laps for a total of 60 miles.
 The women start at 8:30AM and the men at 12 noon.

